

DeKalb County Council on Aging

256-845-8590 ~~~~~ 600 Tyler Ave. SE, Fort Payne, AL 35967

If the train is parked on the tracks, find an alternate place to cross. It may be there overnight.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MARCH 2024					1	2
Follow us on Facebook@DeKalbCOA						
3	4	5 Ballroom Closed for Voting	6	7	8	9
10	11 TARCOG Attorney 10 am – 3 pm call 256-845-8590 for appointment)	12	13	14 FREE Tax Assistance	15	16 American Legion (details below)
17	18	19	20	21 FREE Tax Assistance	22	23
24 31	25	26	27	28 FREE Tax Assistance	29 Closed for Holiday	30

Coming Soon!

- **TARCOG Attorney:** Comes once a month. Call 256-845-8590 for an appointment.
- **Veterans' Breakfast Social:** 2nd Thursday of even months (next on April 11th), 9 am – 11 am (call 256-638-7106 to register)
- **Free Tax Assistance:** We will have 6 dates of Tax Preparation. Call now for an appointment at 256-845-8590.

Weekly Activities:

- **Bridge Club:** Wednesday and Thursday 12:30 pm – 3:30 pm. If you are interested in playing or learning to play, show up and meet the current players at **12:30 pm on Wednesday**. They will discuss how you can be added or when the next teaching event will be.
- **Ceramics/Pottery Club:** (downstairs) 9 am – Noon, Tu. & Fr. *New members meet Mon. & Wed.*
- **Exercise Room:** (downstairs) Available 8 am - Noon, Monday – Friday
- **Senior Center (lunch, activities, educational information, speakers, & FUN):**
8 am – Noon, Monday – Friday (downstairs) (call 256-979-1378 to register)



Weekly Exercise Groups (Dance classes are in purple ink. Exercise classes are in blue ink.)

Monday	Tuesday	Wednesday	Thursday	Friday
	Tai Chi 10:00 am – 11:00 am Beginner Line Dance Class 1:30 - 2:30 pm Experienced Line Dance Class 2:30 pm – 3:30 pm Round Dancing 5 pm – 8:30 pm (register at 256-244-5320)			
Ballroom Dancing 6 pm – 8 pm (register at 662-213-2401)				